

AERO SPRUNG FLOORS



Activity Wooden Sprung Floors by SUNFLEX

Take a closer look at how the right flooring enhances comfort, supports the body and elevates everyday training spaces.



WHERE AESTHETICS MEET PERFORMANCE

Creating activity environments that feel refined, perform consistently and stand the test of time.

[SUNFLEXINDIA.NET](https://www.sunflexindia.net)

ABOUT SUNFLEX

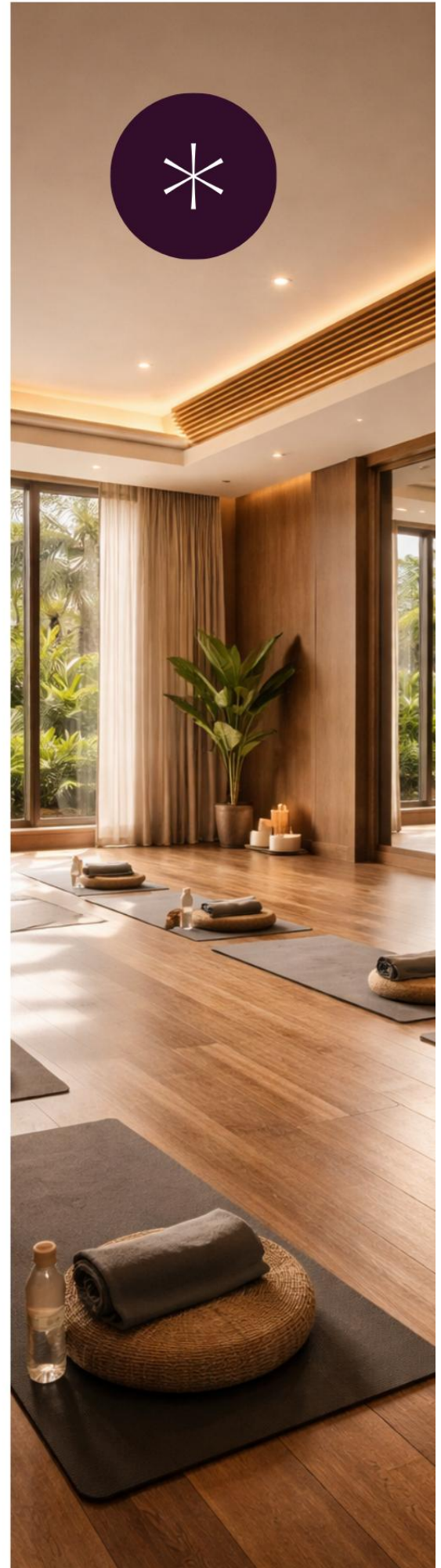
WHERE HIGH-PERFORMANCE SPACES TAKE SHAPE

SUNFLEX is a sports infrastructure company focused on delivering high-performance spaces for modern developments. We work across indoor and outdoor sports facilities, offering end-to-end solutions that combine design understanding, technical expertise and precise execution.

Our portfolio includes courts for multiple sports, specialised flooring systems, fitness and activity surfaces, and premium interior solutions. From large-scale institutional projects to residential and commercial developments, we create environments that are built for real use, high durability and consistent performance.

Our AERO Sprung Flooring is part of this larger approach, designed to support movement-driven spaces such as dance studios, fitness centres and wellness environments with comfort, safety and long-term reliability.

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Sunflex AERO Sprung Floors

Designed for Movement-Focused Spaces

ABOUT OUR AERO FLOORS

Sprung Wooden Floors for Activity Spaces

Spaces designed for movement deserve a surface that understands movement.

Whether it's a slow yoga flow, a structured dance routine or a high-energy Zumba session, every step, stretch, and transition places a demand on the floor beneath.

AERO floors are designed to respond to that demand with consistency, comfort and long-term reliability.

It brings together natural wood aesthetics with a performance-driven sprung system, creating a surface that feels as good after years of use as it does on day one.

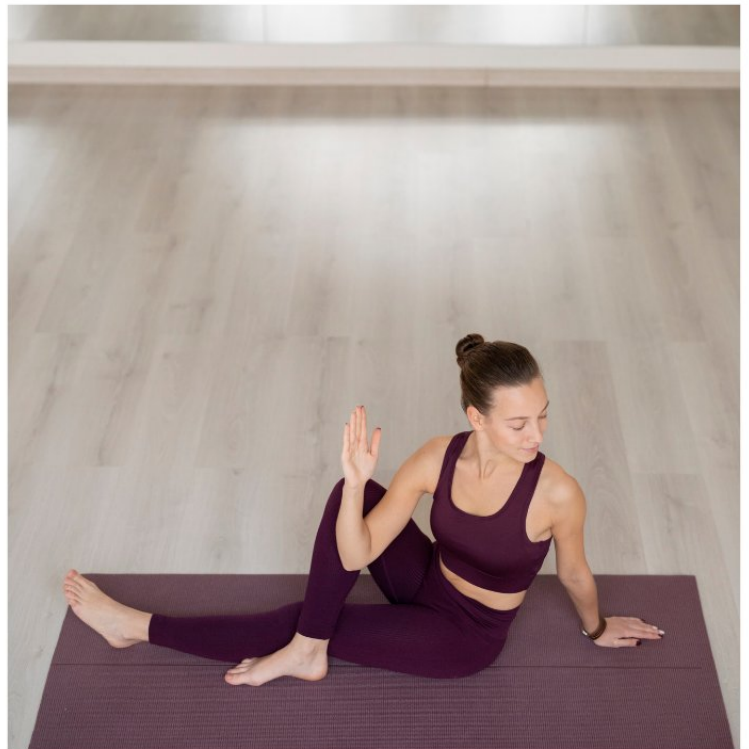


UNDERSTANDING AERO

Most activity spaces around us use standard interior flooring systems because they look attractive and are less expensive. However, surfaces designed purely for interior finish behave very differently when used for physical activities.

Activities such as dance routines, yoga flows, or aerobic exercises involve repeated steps, turns, and controlled impacts. Over time, these movements interact with the floor in ways that ordinary surfaces were never designed to handle.

AERO floors address this by introducing controlled flexibility and shock absorption, allowing the surface to respond gently to movement instead of remaining completely rigid.



How AERO Floors Support Movement

At the core of the AERO system is a sprung subfloor structure. This structure allows the floor to absorb a portion of the energy generated during movement and distribute it evenly across the surface.



Reduced stress on joints and muscles



Improved comfort during longer sessions



A stable yet responsive surface for balance and turns



Consistent performance across the entire floor area





THE BEST FOR

Aesthetic Integration

AERO's timeless design, allows your space to feel both functional and welcoming.

Beyond performance, studio environments also require a surface that complements their atmosphere.

The natural wooden finish of AERO floors creates a warm and refined visual character that works well with yoga studios, dance academies, and boutique fitness spaces.



Minimise injury. Maximize performance.





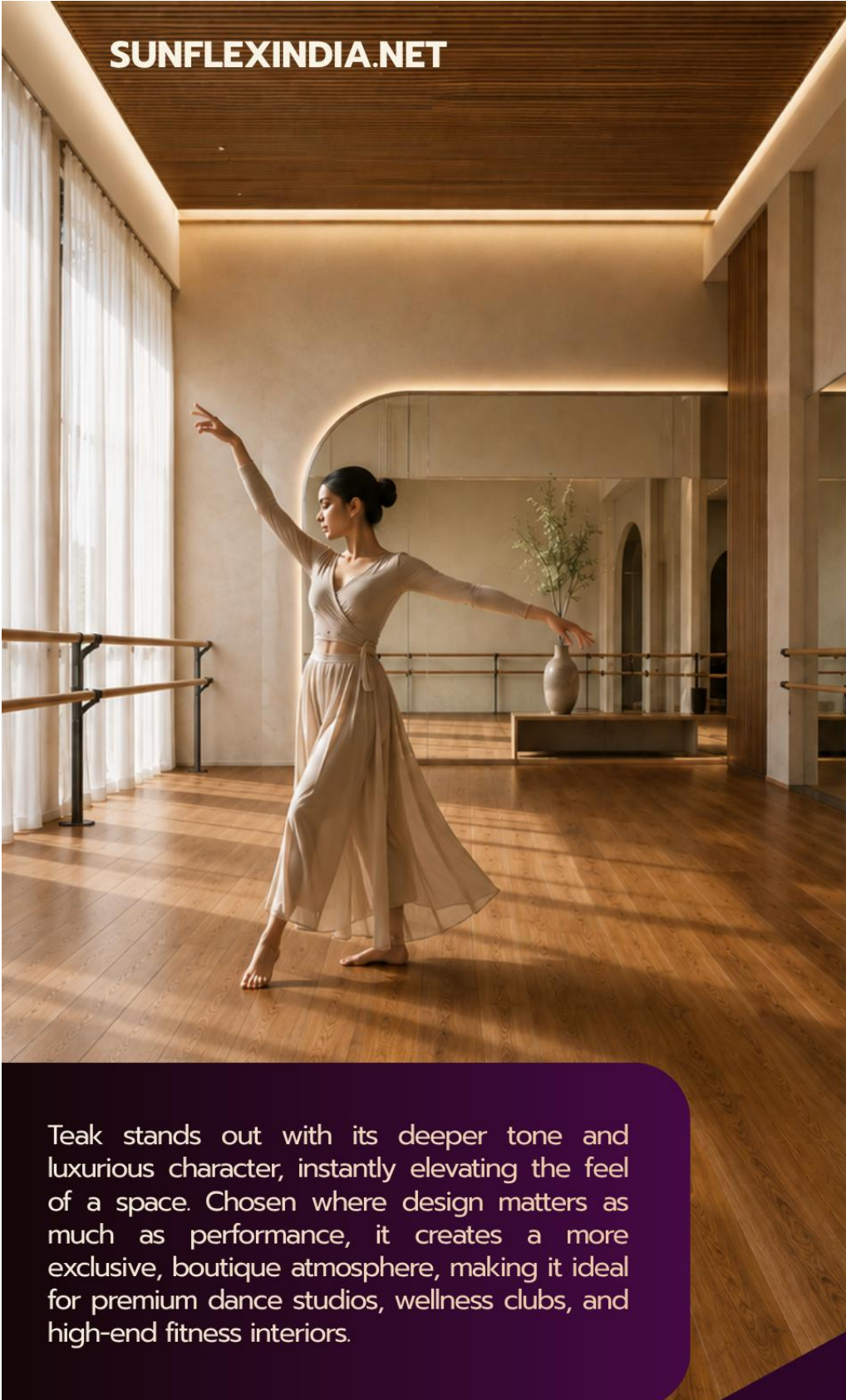
With its lighter tone and clean, modern appearance, Maple brings freshness and energy into active spaces. It visually opens up studios, making them feel brighter and more spacious.

BEST SELLING

MAPLE

Bright. Balanced. Energetic.

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Teak stands out with its deeper tone and luxurious character, instantly elevating the feel of a space. Chosen where design matters as much as performance, it creates a more exclusive, boutique atmosphere, making it ideal for premium dance studios, wellness clubs, and high-end fitness interiors.

BEST SELLING

TEAK

Bold. Premium. Rich.

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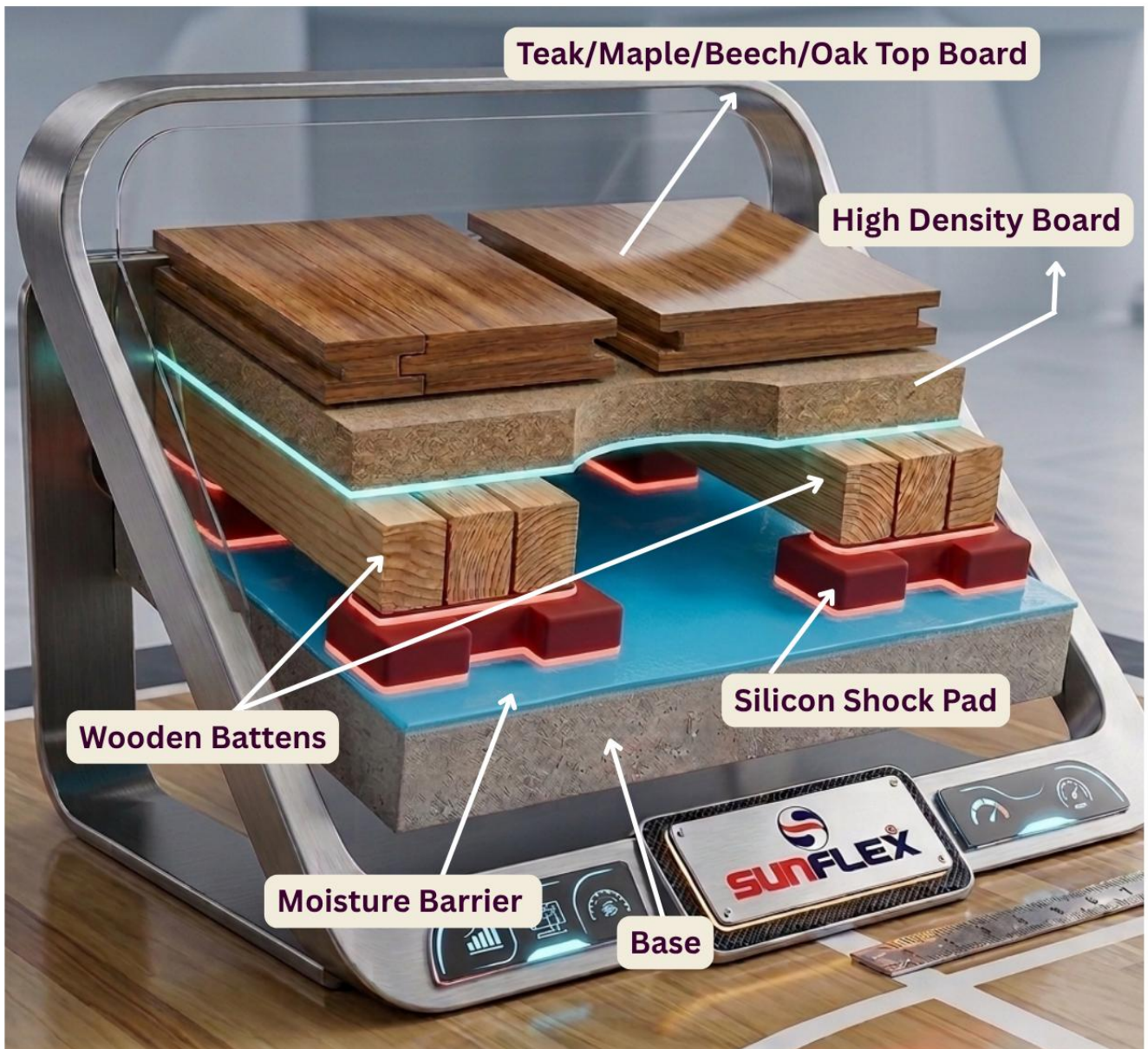


Oak is valued for its natural strength, balanced grain character, and timeless design appeal, making it one of the most versatile choices in performance interiors. Richer warmth than Maple, without the darker intensity of Teak

TOP RATED

OAK

Strong. Timeless. Elegant



INSIDE THE AERO SYSTEM

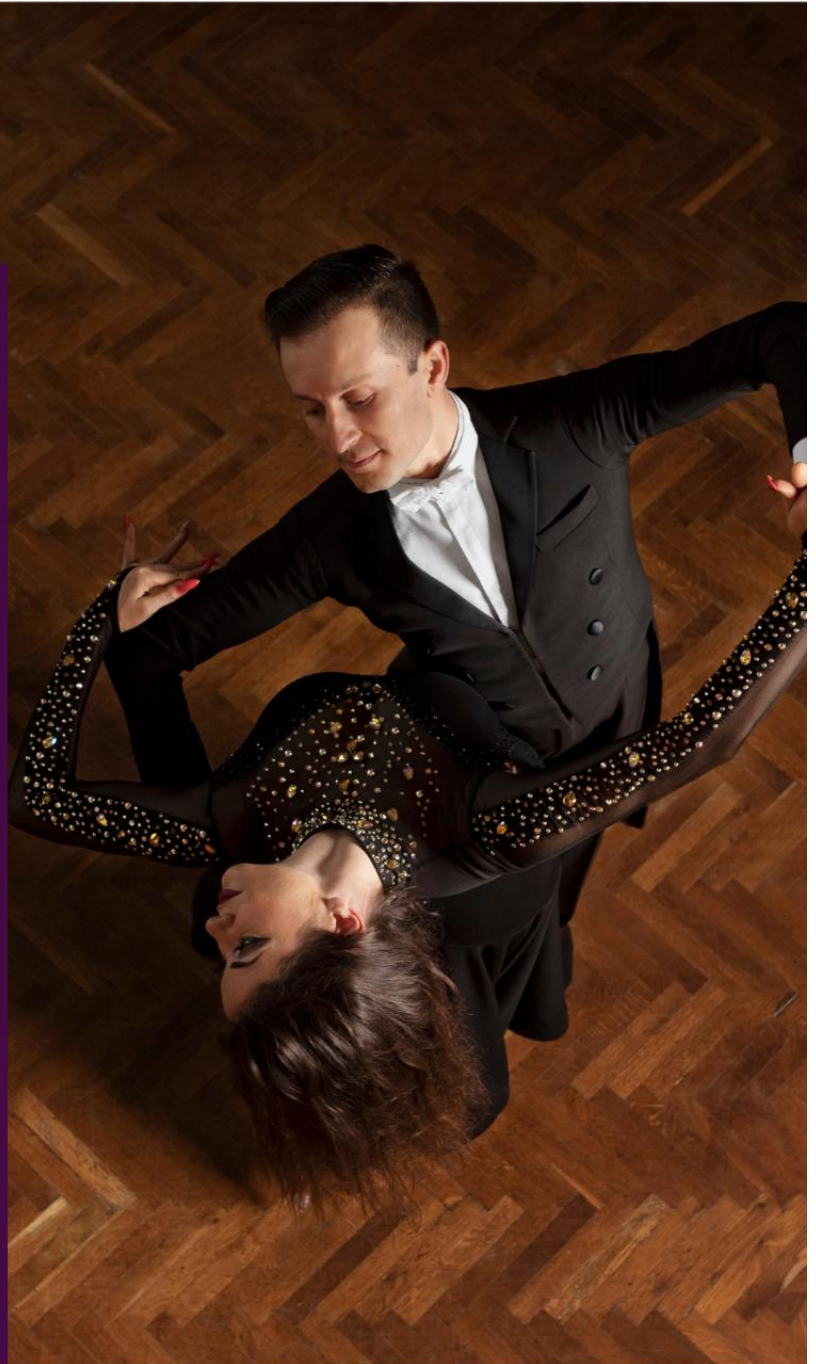
Thoughtfully engineered layers that work together to support everyday movement

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AERO

floors are engineered so that their supportive properties remain consistent even as the studio experiences daily classes and regular movement.

This means the flooring becomes a long-term part of the environment, contributing to both comfort and durability.



Comfort That Lasts Over Time



Dance Studios

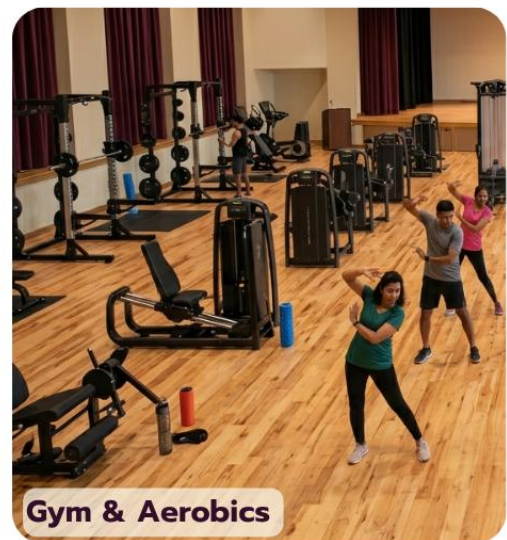


Yoga Studios

AERO sprung flooring is particularly suited for:



**Auditoriums &
Multipurpose Halls**



Gym & Aerobics

**WHERE
DOES AERO
BELONG?**



Pilates Studios

LET'S CREATE BETTER

ACTIVITY SPACES

Have a space in mind? Let's talk

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